

January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18 Snow Tubing! 5:00 pm – 8:00 pm	19	20
21	22	23	24 Support Group 6:30 - 8:00 pm	25	26	27
28	29	30	31			

Snow Tubing: Chicopee Tube Park Address: 1600 River Rd E, Kitchener, ON. You must RSVP to attend this activity. Please wear appropriate snow gear (winter boots, snow pants, coat, gloves, hat etc.) This activity is weather permitting.

Support Group: Address: 351-B Louisa Street Kitchener. This will include a dinner provided by Epilepsy South Central Ontario to celebrate the new year! As there will be a dinner, you must RSVP to attend this event!

February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 Escape Room 7pm- 8pm	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28 Support Group 6:30 - 8:00 pm			

Support Group: Address: 351-B Louisa Street Kitchener.

Escape Room: Address: 1381 Victoria St N, Kitchener, ON. Key Quest Escape Room Kitchener.
Limited spaces available, rsvp to reserve your spot!

March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 Rock Climbing 6-8 pm	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28 Support Group 6:30 - 8:00 pm	29	30	31

Rock Climbing: Address: 50 Borden Ave S #1, Kitchener. Limited spaces available, rsvp to reserve your spot!

Support Group: Address: 351-B Louisa Street Kitchener.

April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Support Group 6:30 - 8:00 pm	19	20	21
22	23	24	25 Chicken Wing!	26	27	28
29	30					

Support Group: Address: 351-B Louisa Street Kitchener. Please note that support group has been moved forward one week this month due to our annual event Chicken Wing!

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Support Group 6:30-8:00 pm	24	25	26
27	28	29	30	31		

Support Group: Address: 351-B Louisa Street Kitchener.