



Coordinated Care for People with Epilepsy

clinictocommunity.ca

Clinic To Community[®] is a new referral program for individuals with a seizure disorder or a diagnosis of epilepsy.

COMMUNITY EDUCATOR CONTACT

NAME

EMAIL

PHONE

SERVICE AREA

The goals of the program are:

- Provide individuals and their family with information about seizures, seizure first aid and epilepsy
- Provide individuals and their family with a network of support services to help everyone in the family to live well with a diagnosis of epilepsy
- Reduce the burden of epilepsy on the family, the health care team and the Ontario economy.

The Four Components of the Clinic to Community Program

1) 60 minute education sessions: Individualized appointments with a Clinic To Community Educator who is specially trained to support individuals and families living with epilepsy.

The Clinic To Community Educator will provide an overview of seizures, epilepsy, risk management including SUDEP and seizure first aid to the entire family.

2) Instructions on how to use a seizure log to document lifestyle, medication adherence and seizure activity.

3) A network of services including support groups, peer to peer linkages, recreation programs, and school and workplace assistance.

4) A series of information sheets filled with strategies to help the person with epilepsy to best manage their condition.





List of Strategy Sheets

How to help my family cope with the unpredictability of the next seizure

- Seizure Log
- Planning for your Health Care Appointment
- SUDEP
- Types of Seizures

How to help my child succeed in school

- Student Support Program
- Epilepsy and ADHD
- Learning Challenges
- Helping Children with Organization and Planning
- Epilepsy and Memory (Children)

Diagnosing and Treating Epilepsy

- Comorbidities
- EEG and VEEG
- Psychogenic Non-Epileptic Seizures
- Scalp EEG Leads in the Epilepsy Monitoring Unit
- Intracranial Electrode Implantation

- Epilepsy Monitoring Unit at London Health Sciences Centre
- Epilepsy Program at Children's Hospital of Western Ontario
- Treatment Pathways
- Medications
- Surgery
- Ketogenic Diet Therapy for Epilepsy
- Complementary Therapies
- Lobes of the Brain/Functions

Living Well with Epilepsy

- Physical Activity and Epilepsy
- Life Insurance and Epilepsy
- Epilepsy and Driving in Ontario
- Epilepsy and Anxiety
- Epilepsy and Memory (Adults)
- Epilepsy and Depression
- Seizure Response Dogs

How to Talk to Others about my Epilepsy

- Talking About Your Epilepsy
- Student Support Program
- Epilepsy and Employment
- Employment Disclosure Chart

Women's Health

- Birth Control, Pregnancy, Breast Feeding, Menopause

Government Supports

- Financial Support (EI Sickness Benefits, Ontario Works, ODSP, CPP Disability Benefits, RDSPs, Tax Credits)
- Drug Benefit Programs (Trillium, ODSP)



epilepsy
south central
ontario

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