

Perfection Word Search Activity!

Name: _____

Z S Q G I P O T M D Z S H A A Y H D A X N H T N X
N K V E F B I L B D Q B R X B U N K I Z N O S A E
O W A Y Z Q A H E P I L E P S Y U N R W N X L O D
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Q N Z L X N S U C D A O W L N T M E C J L X K A I
P D E Z U O J J Y T N D B D C T R C D C G J W I P
E C N E D I F N O C Y E T J E N L J I R Z D V D Y
T Z X A X T U T V S Y C I R R O U M A E R D G E P
G B Q G B C N R E I W L R R N S I H L R Z N H M D
V D G C R E O C J R L K A I F E R H O F I V K V X
R V P O E F H Y S F U N C X H I H X Z Y X R U K K
T X I F W R I F M U S W E Y V W F U L K Y A N C T
E R Z Y H E S B I H B B Q Z W N W L L S X F U I S
N T V A M P P G F U D Q N A H S U V E K I H J K J
D G J F S W M P A F I M G C D B V I C I N P C O R
B D H Z X A T L U U J X O E F K Z E J D R L N W W
A P L D M R M Y O P I L J Y P U C C R T V N S X V
J Z C P L A M A C C U Z G W R V X R J L B N I K X
T C T I R G U A N M M N V E H S E V H O C A J W R
U P T W H G M P L T D F R O V I Y B O N L P C V D
D Y A P S T K F X E H L N C Q D P R P G D M E C K
P M I M L Y B A Y J I A Y C H S P S U G B M M M P
D P Z U C P U C Q P F J U Q Y T A E U F W D Z V V
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U C J X M S T K K D I Q H Y U Q G Q K E V H I W K

Words to Find:

ABSENCE

BULLYING

CALM

CONFIDENCE

DREAM

EPILEPSY

FRIENDSHIP

JENNY

MEDIA

PERFECTION

SAMANTHA

SEIZURE

TONIC-CLONIC

Perfection Word Search Activity! Solution

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+ + + + + N + + + D + + + + N + + + C J + + + A +
+ + + + + O + + + + N + + + C + + C + + + + + I +
E C N E D I F N O C + E + + E + L + + + + + D +
+ + + + + T + + + + + I + + O + M A E R D G E +
+ + + + + C + + + + + R N + + + + + N + M +
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+ + + + + F + + + + + C + + + + + Y + + + + +
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+ + + + + E + + + + + + + + + + L + S + + + + +
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+ + + + + A + + + + + R + + + + + + + + + +
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(Over,Down,Direction)

DREAM(22,8,W)

MEDIA(24,9,N)

ABSENCE(15,1,S)

EPILEPSY(9,3,E)

PERFECTION(6,14,N)

BULLYING(16,15,NE)

FRIENDSHIP(15,10,N)

SAMANTHA(5,15,SE)

CALM(6,4,NE)

JENNY(20,5,NW)

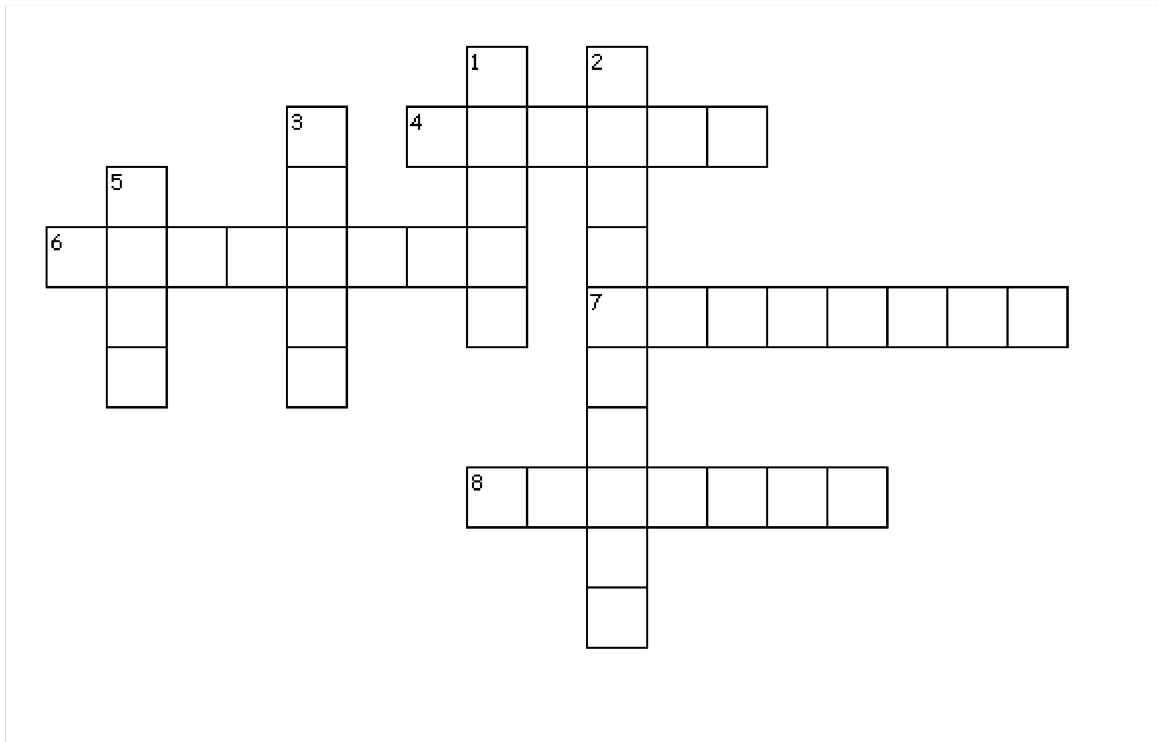
SEIZURE(20,13,SW)

CONFIDENCE(10,7,W)

TONIC-
CLONIC(23,1,SW)

Perfection Crossword Puzzle!

Name: _____



Across

4. In the play, Natasha helps Jenny because she is a good _____.
6. The name of the character who is a bully.
7. A disorder in Jenny's brain.
8. When the brain's signals get mixed up, it can cause a _____ in a person with epilepsy.

Down

1. Mandy and Lawrence were in Jenny's _____ while she slept.
2. The name of the play.
3. The character in the play who has epilepsy.
5. If you see someone having a seizure, it is important to stay _____.

Perfection Crossword Answer Sheet!

Across:

4. FRIEND
6. SAMANTHA
7. EPILEPSY
8. SEIZURE

Down:

1. DREAM
2. PERFECTION
3. JENNY
5. CALM

Glossary of Words in Word Search and Crossword Activities:

Absence (pronounced as if in French): The type of seizure that Andrew mentions (he says his brother's friend has this type). In an absence seizure, epileptic activity occurs throughout the entire brain. It is a milder type of activity which causes unconsciousness without causing convulsions. After the seizure, there is no memory of it. Absence seizures are short, usually lasting only 2-10 seconds. They are very mild, and may go unnoticed by parents and teachers. Because absence seizures may recur frequently during the day, a child who experiences them may have difficulty learning if they are not recognized and treated.

Bullying: Intimidating and harassing another person (you can give playground examples). This is what Samantha does to Jenny.

Confidence: Refers to a major theme of the play. Jenny gains self-confidence by the end, and proves it by 'turning off' Mandy and Lawrence.

Dream: Jenny sees Lawrence and Mandy in a dream, where they appear to her as if they are on the set of a reality television show.

Epilepsy: A neurological disorder. (See pages 4-6 of this package for more information)

Friend/Friendship: A major theme of the play. Natasha models good friendship – loyalty, openness, caring – and Samantha does not.

Jenny: The main character of the play. She has epilepsy, and learns important lessons about herself and who she wants to be.

Media: Methods of mass communication, such as the TV show Jenny dreamt she was on. It is important to discuss the way that the media influences what people want to look and act like.

Perfection: The title of the play. Perfection (especially what the media deems 'perfection') is not a good goal to have, because everyone is different and has to face different obstacles. It is more important to be the best person you can.

Samantha: A bully in the play. She does not want to play with Jenny because she has epilepsy, and she tries to lure Natasha from Jenny. Later, Jenny realizes Samantha has problems, too.

Seizure: There are over 40 different types of seizures which are classified in different ways. (See pages 4-6 of this package for more information, or visit <http://epilepsyontario.org>)

Stay Calm: A First Aid tip discussed in the play. Staying calm and calling an adult for help are the most important things a child should remember when they see someone have a seizure.

Tonic-Clonic: This is the type of seizure experienced by Jenny, the main character. In a generalized tonic-clonic (*formerly called grand mal*) seizure, the person will usually emit a short cry and fall to the floor. Their muscles will stiffen (tonic phase) and then their extremities will jerk and twitch (clonic phase). Bladder control may be lost. Consciousness is regained slowly. After a seizure, the person may feel fatigue, confusion and disorientation. This may last from 5 minutes to several hours or even days. Rarely, this disorientation may last up to 2 weeks. The person may fall asleep, or gradually become less confused until full consciousness is regained.



Use these new terms as spelling words for the week!

*Epilepsy Ontario
would like to thank*

The grade _____ class of

*for helping to promote awareness
about Epilepsy*

*Always Be Proud To Be
You!*

Alysse Rich – Program Author and Coordinator